

**A morning service during the Covid-19 restrictions**  
**3<sup>rd</sup> Sunday after Epiphany - January 24, 2021**

Lord, open our lips,

**And our mouth shall proclaim your praise.**

O God, make speed to save us.

**O Lord, make haste to help us.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia!**

The Lord is our light and our life: O come let us worship.

**#133 O God, Our Help in Ages Past**

O God, our help in ages past, our hope for years to come,  
our shelter from the stormy blast, and our eternal home.

Under the shadow of thy throne thy saints have dwelt secure;  
sufficient is thine arm alone, and our defence is sure.

Before the hills in order stood, or earth received its frame,  
from everlasting thou art God, to endless years the same.

A thousand ages in thy sight are like and evening gone,  
short as the watch that ends the night before the rising sun.

Time like an ever rolling stream bears all its sons away;  
they fly forgotten, as a dream dies at the opening day.

O God, our help in ages past, our hope for years to come,  
be thou our guard while troubles last, and our eternal home.

Isaac Watts 1674-1748 based on Psalm 90

**The Proclamation of the Word**

Jonah 3:1-5

Psalm 62:6-14

6 For God alone my soul in silence waits; \*  
truly, my hope is in him.

7 He alone is my rock and my salvation, \*  
my stronghold, so that I shall not be shaken.

8 In God is my safety and my honour; \*  
God is my strong rock and my refuge.

9 Put your trust in him always, O people, \*  
pour out your hearts before him, for God is our refuge.

10 Those of high degree, are but a fleeting breath, \*  
even those of low estate cannot be trusted.

11 On the scales they are lighter than a breath, \*  
all of them together.

12 Put no trust in extortion; in robbery take no pride; \*  
though wealth increase, set not your heart upon it.

13 God has spoken once, twice I have heard it, \*  
that power belongs to God.

14 Steadfast love is your, O Lord, \*  
for you repay everyone according to his deeds.

Glory to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning is now and will be for ever. Amen.  
1 Corinthians 7:29-31; Mark 1:14-20  
A reflection on the readings (written by the Rt. Rev. Tom Corston)

### **Affirmation of Faith**

Hear, O Israel, the Lord our God, the Lord is one.  
Love the Lord your God with all your heart,  
with all your soul, with all your mind, and with all your strength.  
This is the first and the great commandment. The second is like it:  
Love your neighbour as yourself.  
There is no commandment greater than these.

### **#134 All My Hope on God is Founded**

All my hope on God is founded; he doth still my trust renew:  
me through change and chance he guided, only good and only true.  
God unknown, he alone calls my heart to be his own.

Pride of man and earthly glory, sword and crown, betray man's trust;  
what with care and toil he buildeth, tower and temple, fall to dust.  
But God's power, hour by hour, is my temple and my tower.

Daily doth the Almighty giver bounteous gifts on us bestow;  
his desire our soul delighteth, pleasure leads us where we go.  
Love doth stand at his hand; joy doth wait on his command.

God's great goodness aye endureth, deep his wisdom, passing thought:  
splendour, light and life attend him, beauty springeth out of naught.  
Evermore from his store new-born worlds rise and adore.

Joachim Neander 1650-1680 translated by Robert Bridges 1844-1930 based on 1 Timothy 6:17

### **Prayers** (see litany below)

Our prayers have been requested for: Thelma, Joanne, Wendy, Vivian, Spruce, the front line workers who continue to serve in the midst of this pandemic, the family of Gwen Cascanette as they mourn her sudden death.

### **18 A Responsive Intercession**

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbours, and for all those who are alone.**

For this community, our country, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the gospel, and all who seek the truth.**

For *Anne* our bishop, and for all bishops and other ministers;

**For all who serve God in his Church.**

For our own needs and those of others.

*Silence. The people may add their own petitions.*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence. The people may add their own thanksgivings.*

We will exalt you, O God our king;

**And praise your name for ever and ever.**

We pray for all those who have died in the peace of Christ,  
and for those whose faith is known to you alone,  
that they may have a place in your eternal kingdom.

*Silence. The people may add their own petitions.*

Lord, let your loving kindness be upon them;

**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

Have mercy on us, most merciful Father; in your compassion,  
forgive us our sins, known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honour and glory of your name; through Jesus Christ our Lord. Amen.

Merciful God, grant to your faithful people pardon and peace, that we may be  
cleansed from all our sins and serve you with a quiet mind; through Jesus  
Christ our Lord, who is alive and reigns with you and the Holy Spirit  
one God, now and for ever. **Amen.**

### **The Collect of the day**

Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your  
Spirit, and make us worthy of your call; through Jesus Christ our Lord, who lives and reigns with  
you and the Holy Spirit, one God, now and for ever. Amen.

### **The Lord's prayer**

#### **#268 Lead us, Heavenly Father, Lead us**

Lead us, heavenly Father, lead us o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us, for we have no help but thee;  
yet possessing every blessing if our God our Father be.

Saviour, breathe forgiveness o'er us; all our weakness thou dost know;  
thou didst tread this earth before us, thou didst feel its keenest woe;  
lone and dreary, faint and weary, through the desert thou didst go.

Spirit of our God, descending, fill our hearts with heavenly joy,  
love with ever passion blending, pleasure that can never cloy;  
thus provided, pardoned, guided, nothing can thy peace destroy.

James Edmeston 1791-1867

### **Dismissal**

*Then may be said or sung,*

*Officiant* Let us bless the Lord. **People Thanks be to God!**

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