



He healed many.

5TH SUNDAY AFTER EPIPHANY

07 FEB
2021



St. Hilda's By the Sea Anglican Church
Open Doors · Open Hearts · Open Minds

Whoever you are, and wherever you find yourself in your journey of faith, you will find a place at our table at St. Hilda's Anglican Church. Come as you are.

There are many ways and there is no one particular way to be a part of this vibrant community. Join us today with an open mind, and be prepared to discover a home for your spirit that is inclusive, incarnational, and joyful.

President: The Rev Dr Stephen Black

Preacher: The Ven Bruce Morris

Musician: Katherine Hume

Reader: Mike Starr

Prayers: Bev Niebergall

Altar Flowers: Given by Jill Halliwell & Janet Tufnall in thanksgiving for the love of family.

WHO WE ARE

St. Hilda, situated on the unceded territory of the *shishálh* Nation, is a member of the Anglican Church of Canada & the worldwide Anglican Communion. As a community, we welcome & celebrate human diversity - including spirituality, ethnicity, gender, sexual orientation, & abilities. We aim to create a space where people of any faith or none can question & discover the sacred in life through openness, struggle, laughter & prayer, lived out through a common commitment to be in solidarity with the poor & marginalized, & to cherish creation.

Week At-a-Glance at St. Hilda's				
Sun	07	10:00am	Morning Prayer	Online Only
Fri	12	9:30 am	Wisdom Circle Meditation contact Paula pspr2eastlink.ca	Online
		10:00 am	Women's Coffee Time	Online
Sun	14	10:00 am	Morning Prayer	Online Only

Readings for February 14, Transfiguration, Last Sunday after Epiphany

1st Reading: 2 Kings 2:1-12

Reader: Annie Webb

2nd Reading: 2 Corinthians 4:3-6

Prayers: Maggie Scott

Psalm 50:1-6 Gospel: Mark 9:2-9

Offering Options

- 1) **PAD (pre-authorized giving):** Click [HERE](#) to Download PAD form or have Karen email you the form. Fill in and mail directly to the Diocesan office.
- 2) **Cheque:** Place cheque in your numbered donation envelope, and either mail it to St Hilda's at Box 302, Sechelt, BC, V0N 3A0, **OR**, drop it through the mail slot outside the church office door. **NO CASH!**
- 3) **Online through Canada Helps:** Click [HERE](#) and click on the "Donate Online" button. Follow the steps.
- 4) **E-Transfer:** Sign in to your banking site online. Select E-Transfer and the email to send to is: sthildadonations@gmail.com. Set up your security question as "God loves a cheerful?" and the answer, "Giver" Please use 'message' area to include your envelope no. (if you have one) and where your donation is allocated, otherwise it will be directed to General Operating Fund.
- 5) **If none of the above** (or you need a cash option) contact Envelope Secretary (Maggie Scott) 604-885-3312, to arrange for your envelope to be picked up once a month.

✘ The Gathering of Community ✘

Welcome & Announcements

Opening Hymn..... *Morning Has Broken* CP 3

1. **Morning has broken like the first morning;
blackbird has spoken like the first bird.
Praise for the singing! Praise for the morning!
Praise for them, springing fresh from the Word!**
2. **Sweet the rain's new fall sunlit from heaven,
like the first dewfall on the first grass.
Praise for the sweetness of the wet garden,
sprung in completeness where his feet pass.**
3. **Mine is the sunlight! Mine is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning,
God's recreation of the new day!**

Greeting

Presider In this time and place,
we gather on the ancestral territory of the shíshálh Nation.

**PEOPLE From many places and peoples
we come to this house of prayer.**

Presider In this time and place,
we give thanks for the light of God that shines in the darkness.

PEOPLE A light no darkness can quench.

Presider In this time and place,
we give thanks for the light and peace
of Jesus Christ the Word made flesh.

PEOPLE The light of all people.

Presider In this time and place,
we pray that the Spirit of God
will be renewed in our hearts and minds

PEOPLE That we might be the light of God in the world.

Presider In this time and place, together, one people of God.

**PEOPLE In the name of God,
Source of all being, Eternal Word and Holy Spirit. Amen.**

Glory to God *sung twice*

**Gloria, gloria, in excelsis Deo!
Gloria, gloria, alleluia, alleluia!**

The Collect of the Day

Presider Everlasting God,

ALL you give strength to the weak and power to the faint.
Make us agents of your healing and wholeness,
so that your good news may be made known
to the ends of your creation,
through Jesus Christ, our Saviour and Lord.
Amen.

✠ The Proclamation of the Word ✠

First Reading: Isaiah 40:21-31 Mike Starr

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

To whom then will you compare me,
or who is my equal? says the Holy One.

Lift up your eyes on high and see:

Who created these?

He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.

Why do you say, O Jacob,
and speak, O Israel,

‘My way is hidden from the LORD,
and my right is disregarded by my God’?

Have you not known? Have you not heard?

The LORD is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Hear what the Spirit is saying to the church. Thanks be to God.

Psalm 147:1-12, 20b *read all together*

¹ **Hallelujah!**

How good it is to sing praises to our God!

How pleasant it is to honour God with praise!

² **The Lord rebuilds Jerusalem**

and gathers the exiles of Israel.

³ **The Lord heals the brokenhearted**

and binds up their wounds.

⁴ **The Lord counts the number of stars**

and calls them all by their names.

⁵ **Great is our Lord and mighty in power;**

there is no limit to the wisdom of God.

⁶ **The Lord lifts up the lowly,**

but casts the wicked to the ground.

⁷ **Sing to the Lord with thanksgiving;**

make music to our God upon the harp.

⁸ **The Lord covers the heavens with clouds**

and prepares rain for the earth,

making grass to grow upon the mountains

and green plants to serve humankind.

⁹ **The Lord provides food for flocks and herds**

and for the young ravens when they cry.

¹⁰ **The Lord is not impressed by the might of a horse**

and has no pleasure in human strength,

¹¹ **but finds pleasure in those who fear God,**

in those who await the gracious favour of the Lord.

¹² **Worship the Lord, O Jerusalem;**

praise your God, O Zion,

²⁰ **Hallelujah!**

Glory to God, Source of all being,

Eternal Word and Holy Spirit;

As it was in the beginning is now

and shall be for ever. Amen.

Second Reading: 1 Corinthians 9:16-23..... Mike Starr

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe betide me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Hear what the Spirit is saying to the church. Thanks be to God.

Gradual Hymn *We Cannot Measure How You Heal* vs. 1-2 **CP 292**

- We cannot measure how you heal
or answer every sufferer's prayer,
yet we believe your grace responds
where faith and doubt unite to care.
Your hands, though bloodied on the cross,
survive to hold and heal and warn,
to carry all through death to life
and cradle children yet unborn.**
- The pain that will not go away,
the guilt that clings from things long past,
the fear of what the future holds,
are present as if meant to last.
But present too is love which tends
the hurt we never hope to find,
the private agonies inside,
the memories that haunt the mind.**

The Gospel Mark 1:29-39

Deacon May God be with you

PEOPLE And also with you

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark

PEOPLE Glory to you, Lord Jesus Christ.

After the reading

Deacon The Gospel of Christ

PEOPLE Praise to you, Lord Jesus Christ.

Gradual Hymn*We Cannot Measure How You Heal* vs. 3 **CP 292**

3. **So some have come who need your help
and some have come to make amends,
as hands which shaped and saved the world
are present in the touch of friends.
Lord, let your Spirit meet us here
to mend the body, mind, and soul,
to disentangle peace from pain
and make your broken people whole.**

Sermon The Ven Bruce Morris

Music for Reflection *Piano Solo*

Affirmation of Faith *from Iona Abbey*

Presider With the whole church,

**ALL we affirm that we are made in God's image,
befriended by Christ,
empowered by the Spirit.**

Presider With people everywhere,

**ALL we affirm God's goodness at the heart of humanity,
planted more deeply
than all that is wrong.**

Presider With all creation,

**ALL we celebrate the miracle and wonder of life;
the unfolding purposes of God,
forever at work in ourselves and the world.**

The Prayers of the People Bev Niebergall

As those who share a common journey,
let us live in harmony and peace.

Names on prayer list:

**Brendan, Carrie, Jonathan, John & Nancy Denham and family
Joanne, Janet McConnell, Daun Newman, Lorelei Reier
Ola, Robert, Sher & Morrie Sacks, Barbara Weatherington**

Confession and Absolution

Presider When the Lord comes,
he will bring to light those things now hidden in darkness,
and will disclose the purposes of the heart.
Therefore in the light of Christ,
let us confess our sins.

A period of silence is kept.

Presider God be gracious to us and bless us,
and make your face shine upon us:
Lord, have mercy.

PEOPLE Lord, have mercy.

Presider May your ways be known upon the Earth,
your saving power among the nations:
Christ, have mercy.

PEOPLE Christ, have mercy.

Presider You, Lord, have made known your salvation,
and reveal your justice in the sight of the nations:
Lord, have mercy.

PEOPLE Lord, have mercy.

Presider God knows your pain and your suffering, and has shared it.
Jesus has commanded you to forbear and forgive,
and return to the God whose arms are always open to embrace.
God, pardon and forgive you your sins,
confirm and strengthen you in goodness,
and keep you in eternal life,
through Jesus Christ our Lord.
Amen.

In the tender compassion of our God,
the dawn from on high has broken upon us,
to shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace.

Presider The peace of the Lord be with you all.

PEOPLE And also with you.

Prayer over the Gifts

Presider Living God,

**PEOPLE in Christ you make all things new.
Transform the poverty of our nature
by the riches of your grace,**

and in the renewal of our lives
make known your glory;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever.
Amen.

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

Family Thanksgivings & Celebrations

Doxology

Presider Glory to God,
ALL whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.

Blessing

Closing Hymn *How Sweet the Name of Jesus Sounds* CP 620

1. **How sweet the name of Jesus sounds
in a believer's ear!
It soothes our sorrows, heals our wounds,
and drives away our fear.**
2. **It makes the wounded spirit whole,
and calms the troubled breast;
'tis manna to the hungry soul,
and to the weary rest.**
3. **Dear name! The rock on which I build,
my shield and hiding place,
my never-failing treasury,
filled with boundless stores of grace.**

4. **Jesus, my shepherd, brother, friend,
my prophet, priest, and king,
my Lord, my life, my way, my end,
accept the praise I bring.**
5. **Weak is the effort of my heart,
and cold my warmest thought;
but when I see thee as thou art,
I'll praise thee as I ought.**

Dismissal

Postlude

Old Irish Blessing arranged by Denes Agay

Stay online for a “Getting to Know your Rector” time!



This Sunday’s liturgy has been compiled from various sources, including:

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- Affirmation of Faith Source: Iona Abbey
- Confession from *A Prayer Book for New Zealand* (Auckland: William Collins, © 1988), 478.

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- *We Cannot Measure How You Heal* Text: John Bell © 1989 Iona Community, GIA Publications, Inc.
- *Morning Has Broken* Text: Eleanor Farjeon © 1957 AGEHR Publishing Music: Melody Gaelic trad

Exploring the Apostles' Creed

Zoom through Lent with our St. Hilda's Lenten study program

Thursdays Feb 25, March 4, 11 & 18 from 7.00 to 8.30 pm

presented via Zoom by Bruce Morris

- Do you struggle with the language of the traditional creeds?
- Do you miss the company of your friends at St. Hilda's?
- Are you interested in the developments of the creeds by the early church?

Then this program is for you!! Over four weeks, through a combination of easy reading and discussions, we will learn about the components of the Apostles' Creed, talk about what we love and hate about the words and theology and generate our own paraphrases of the Creed.

No previous theological education needed, so be ye not intimidated! Invite your friends! Everyone is welcome!

Sign up by Feb 22 to get the Zoom link and the pre-reading - send an email to Bruce at bmorris@vancouver.anglican.ca.

Parish Events and Notices

2021 Vestry Meeting Sunday February 28: Vestry will meet on Zoom following the 10 am service that morning.

Archbishop Melissa Skelton Retirement Celebration: Thursday February 11, 7-8:45 pm on Zoom. All members of the Diocese are welcome to attend and join in wishing her a wonderful retirement. Please register [HERE](#). You are welcome to bring your favourite celebratory beverage and snacks. An E-Card is available for you to sign, click [HERE](#) to go directly to the card.

Women's Coffee Time: Meets on Zoom Friday February 12 at 10 am.

Congratulations St. Hilda's! We raised \$5,420 for Ndandini Scholarships last November and December! This figure is at least our regular amount if not a bit more than we usually raise! A Big Thank You from the Rotary Club who we work with on this project and, more importantly, the students and their families in Kenya. This enables many students to attend secondary school, who would otherwise not be able to afford to continue with their schooling.

Forward Movement Day by Day devotional Booklet: We are still waiting for the Feb/Mar/Apr booklet. If you wish one, please contact the office and you will be notified when they arrive. A few will be available in the Narthex for those who have keys.

Introduction to Centering Prayer (CP) Workshop: Curious about Christian contemplative practise? Contemplative Outreach of Greater Vancouver (COGV) is offering an on-line Introduction to CP Zoom workshop on Saturday February 20th 9am to 3pm, with continuing sessions on Wednesday evenings. Open to both new and experienced meditators. Great preparation for Wisdom Circle Meditation. Registration deadline Feb 15th by donation, suggested \$20, but is not required. For more info contact Jill Halliwell jewellspring@gmail.com, or register directly with Christine Kesans chris.kesans@gmail.com.

JUSTICE UMBRELLA

Ecumenical Letter on the deterioration of the human rights situation in the Philippines: Please follow the link to the ecumenical letter from KAIROS, the United Church of Canada, and the Anglican Church of Canada—signed by Archbishops Linda Nicholls and Mark MacDonald—to the Federal Government regarding this situation. Click [HERE](#).

United Nations World Interfaith Harmony Week: February 1-7: The Anglican Church of Canada writes: *The urgency for interreligious awareness and cooperation to respond to the many challenges facing the one human family continues to grow.... Together we therefore wholeheartedly endorse the global celebrations of WIHW, and encourage the members of our churches to embrace its vision and aims as a faithful expression of their love of God turned outward into love for all others.* [Click HERE](#) for more information.

The Black History Month Collective: Gibsons Public Art Gallery is recognizing Black History Month for the month of February with an exhibit titled, *The Fabric of Freedom: Quilts and the Underground Railroad*, by local artist Denise Brown. There will be an online celebration Sunday February 21, 4 - 6 pm with a virtual tour. Meet the Collective, the artist, and the performers, Adelene Da Soul Poet and Queenie, and enter into an important conversation about the significance of African Canadians. Register [HERE](#) in for this meeting. After registering, you will receive a confirmation email containing information about joining the meeting.

WIDER CHURCH NEWS

Lent Resources from the Diocese of New Westminster

The Rev Jessica Schaap has selected a number of recommended resources. This Lent, choose from a number of recommended resources to take the journey from Ash Wednesday to Holy Week (February 17 - April 2). Choices include small group gatherings or individual study and they are available online and in print. For further Lenten resources, you can also check out the [Lent and Holy Week "boards"](#) on the diocesan Pinterest account. Please [bookmark this link](#) for the current listings of the resources as it will be updated.

COMMUNITY NEWS

Valentine's Thank You cards for Healthcare Workers: The Rotary Club is collecting Valentine cards to give to as many caregivers as possible. If you wish, you can send a card and sign your name and add "a friend of Rotary." Please leave the envelope unsealed. You can drop them off at the office or phone Meg Stevens to pick up. Deadline is Tuesday morning February 9.

ST. HILDA VOLUNTEER OPPORTUNITIES

- Webmaster and Online Communications Team
After 10 years of valuable web hosting, David Moul is stepping down March 31. Interested in being part of the important communications and public face of St. Hilda's? Either as webmaster or part of the team? Training available.
- Sunday Zoom tech support. Training available.
- Sorrento Centre Parish Rep: Started by the Anglican Church almost 60 years ago, Sorrento has been a place of transformation, healing and a gathering place for all. Sorrento Parish Rep would receive periodic information to communicate with the parish about their excellent and inspiring education opportunities.
- PWRDF Parish Rep: PWRDF provides periodic information for the rep to communicate with the parish about their important justice aid work globally.

If you are interested in volunteering for any of these, please contact the office.

St. Hilda's By the Sea Anglican Church

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 Office AdministratorKaren Weatherington..... admin@sthilda.ca....885-5019

PARISH PRAYER FOR THE WEEK

Anglican Communion	The Anglican Church of Burundi
Diocese & Partners	<p>Standing Committee on Mission and Ministry Development – The Rev Phillipa Segrave-Pride, Chair; The Rev Tellison Glover, Staff</p> <hr/> <p>Holy Trinity Mission in Bantey (twinned with St. Hilda's) Companion Diocese: Bishop Brent Alawas, & the Clergy & People of the Episcopal Diocese of Northern Philippines BC Synod of the ELCIC, Bishop Gregory Mohr</p>
Local Agencies	Options for Sexual Health
Parish Ministries	Contemplative Ministries: Wisdom Circle & Labyrinth
Justice Umbrella	UN World Interfaith Harmony Week Feb 1-7 SC syiyaya Reconciliation Movement
Prayer Requests	Brendan Carrie Jonathan John & Nancy Denham: peace and comfort in their grief Joanne: strength in face of cancer Janet McConnell Daun Newman: preparing to donate bone marrow Lorelei Reier: strength for chemo treatments Robert: brother of Annie Webb Sher & Morrie Sacks: comfort & peace Barbara Weatherington
Ongoing Need	Geoffrey Dunbrack, Edith Glass, Max Haugen, Chris Sooley

Prayer requests are listed for 4 weeks - to extend, please contact the office.