

Sunday, February 7, 2021

Fifth Sunday after Epiphany / Lectionary 5, Year B

Isaiah 40:21-31, Psalm 147:1-11, 20c, 1Corinthians 9:16-23, Mark 1:29-39

Prelude *“I Will Bind Up the Hurts of My People”* by John Ylvisaker

Announcements

After Announcements - ELW 532 *Gather Us In*

Confession and Forgiveness

Blessed be the holy Trinity, † one God,
whose voice is upon the waters,
whose mercy is poured out upon all people,
whose goodness cascades over all creation.

Amen.

Let us confess our sin, trusting in the abundant grace of God.

Silence is kept for reflection.

Holy God,

you search us and know us.

You are acquainted with all our ways.

**We confess that our hearts are burdened by sin—
our own sins and the broken systems that bind us.**

**We turn inward, failing to follow
your outward way of love.**

We distrust those who are not like us.

**We exploit the earth and its resources
and fail to consider generations to come.**

**Forgive us, gracious God,
for all we have done and left undone.**

**Even before the words are on our tongues,
you know them;**

receive them in your divine mercy.

Amen.

How vast is God’s grace!

Through the power and promise of † Christ Jesus, your sins are washed away
and you are claimed as God’s own beloved.

Indeed, you are forgiven.

In the wake of God’s forgiveness, you are called to be the beloved community
living out Christ’s justice and the Spirit’s reconciling peace. **Amen.**

Prayer of the Day

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. **Amen.**

Music *Healing is Here* by Stockstill/Groves (CCLI)

First Reading: Isaiah 40:21-31

²¹Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

²²It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

²³who brings princes to naught,
and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

²⁵To whom then will you compare me,
or who is my equal? says the Holy One.

²⁶Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.

²⁷Why do you say, O Jacob,
and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?

²⁸Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.

²⁹He gives power to the faint,
and strengthens the powerless.

³⁰Even youths will faint and be weary,
and the young will fall exhausted;

³¹but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

The Word of the Lord. Thanks be to God.

Psalm 147:1-11, 20c (prayed responsively)

¹Hallelujah! How good it is to sing praises | to our God!

How pleasant it is to honor | God with praise!

²**The LORD re- | builds Jerusalem,
and gathers the ex- | iles of Israel.**

³The LORD heals the | brokenhearted
and binds | up their wounds.

⁴**The LORD counts the number | of the stars
and calls them all | by their names.**

⁵Great is our LORD and might- | y in power;
there is no limit | to God's wisdom.

⁶**The LORD lifts | up the lowly,
but casts the wicked | to the ground.**

⁷Sing to the LORD | with thanksgiving;
make music upon the harp | to our God,

⁸**who covers the heav- | ens with clouds
and prepares rain for the earth, making grass to grow up- | on the mountains.**

⁹God provides food | for the cattle
and for the young ravens | when they cry.

¹⁰**God is not impressed by the might | of a horse,
and has no pleasure in the speed | of a runner,**

¹¹but finds pleasure in those who | fear the LORD,
in those who await God's steadfast love. ^{20c} Hallelujah!

Second Reading: 1 Corinthians 9:16-23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

The Word of the Lord. Thanks be to God.

Gospel: Mark 1:29-39

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him.

³⁷When they found him, they said to him, “Everyone is searching for you.” ³⁸He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of our Lord. **Praise to you, O Christ.**

Sermon

Hymn of the Day - ELW 663 *Spread, O Spread Almighty Word*

The Apostles' Creed

With the whole church, let us profess our faith praying the words of The Apostle's Creed.

Prayers of Intercession

P: Guided by Christ made known to the nations, let us offer our prayers for the church, the world, and all people in need.

A brief silence.

A: For the church: for ministries of healing and wholeness, for hospital, hospice, and military chaplains, for those serving in prison ministry, for all who proclaim freedom and release in the name of Christ, let us pray. **Have mercy, O God.**

A: For creation: for insects in the grass, clouds on the mountaintops, for cattle and the rainwater they drink, for the humility to take our place among all creatures of the earth, let us pray. **Have mercy, O God.**

A: For the nations: for all who lead in cities and towns, states, and countries; for community organizers, school officials, and CEOs; for international health organizations, that in times of trial, fear, or hopelessness, they find freedom in service to those most in need, let us pray. **Have mercy, O God.**

A: For all wearied by life's burdens: for those who are poor, for those lacking supportive relationships, for those crushed by debt, for those struggling with chronic pain or other sickness, for those exhausted from overwork or stress, and for all who cry out to you, let us pray. **Have mercy, O God.**

A: For this congregation: for outreach and social ministries centered here, for parish nurses and visitors; for ministries of companionship and support, for the young people in this place who open us to new understandings, let us pray. **Have mercy, O God.**

A: In thanksgiving for the faithful departed, who were called by name and now rest from their labors, that their lives serve as witnesses to the goodness of God, let us pray. **Have mercy, O God.**

A: Merciful God, hear the prayers of your people, spoken or silent, for the sake of the one who dwells among us, your Son, Jesus Christ our Savior. **Amen.**

Music - ELW 178 *Hear Our Prayer* (2 times through)

Offering Prayer

O God,
receive these gifts as you receive us:
like a mother receives her child, with arms open wide.
Nourish us anew in your tender care,
and empower us in faithful service
to tend to others with this same love,
through Jesus Christ, our saving grace.
Amen.

Words of Institution and The Lord's Prayer

Invitation to Communion

Beloved: here is bread; here is wine. Here is Jesus. Come and be fed.

Music - ELW 469 *By Your Hand You Feed Your People*

Prayer after Communion

Christ Jesus,
at this table we have feasted on your very life
and are strengthened for our journey.
Send us forth from this banquet
nourished in body and in spirit
to proclaim your good news
and serve others in your name.
Amen.

Blessing

God the creator, strengthen you;
Jesus the beloved fill you;
and the Holy Spirit the comforter ✠ keep you in peace.
Amen.

Music - ELW 611 *I Heard the Voice of Jesus Say*

Dismissal

Go in peace. Be the light of Christ. **Thanks be to God.**