



The First Sunday in Lent

February 14, 2021

Service of Morning Prayer

St. Michael and All Angels Anglican Church

#103 – 227 3rd Ave., Strathmore, AB T1P 1N7

Church email: StrathmoreAnglican@gmail.com

<https://calgary.anglican.ca/programs/st-michael-all-angels>

**Priest & Incumbent – The Rev. Malcolm Kern
587-727-0649 (church cell) or 403-239-9173 (home)**

Rector's Warden – Janet Benedictson 403-934-4134

People's Warden – Jay Beaman 403-983-9384

All Songs – CCLI #3172991

MORNING PRAYER – Online Only

Presider – The Rev. Malcolm Kern

We shall not live by bread alone, but by every word
that proceeds from the mouth of God. *Matthew 4.4*

Opening Lenten Psalm: Create in Me a Clean Heart Psalm 51:10-12, 1-2
performed a Capella by Fountainview Academy

Create in me a clean heart, O God,
and renew a right spirit within me. *[Repeat]*

O, cast me not away from Thy presence, O Lord,
and take not Thy Holy Spirit from me.
Restore unto me the joy of Thy salvation,
and renew a right spirit within me.

Have mercy upon me, O God,
and according to Thy love blot out my sins. *[Repeat]*

O, wash me thoroughly from mine iniquity, Lord,
and cleanse me from all my sinfulness.
For I come to Thee with faith you will have mercy,
and according to Thy love blot out my sins.

The Penitential Rite:

Dear friends in Christ, during this season of Lent, as we give ourselves to follow in the way of our Risen Lord who, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil, let us confess our sins remembering before God the times when we have fallen from temptation into sin. *(Silence is kept)*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the**

sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us all in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace (*please stand*)

Presider: Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. The peace of the Lord be always with you.

All: **And also with you.**

The Proclamation of the Word of God –

A Reading from the Book of Genesis (*Genesis 9:8-17*)

Reader: Hear what the Spirit says to the Church.

All: **Thanks be to God**

Psalm 25:1-9

Unto Thee, O Lord

performed by Marantha Singers

Unto Thee, O Lord, do I lift up my soul.

Unto Thee, O Lord, do I lift up my soul.

Chorus:

O my God, I trust in Thee.

Let me not be ashamed, Let not mine enemies triumph over me.

Yea, let none that wait on Thee be ashamed.

Yea, let none that wait on Thee be ashamed. [*Chorus*]

Show me Thy ways, Thy ways, O Lord.

Teach me Thy paths, Thy paths, O Lord. [*Chorus*]

Remember not, the sins of my youth.

Remember not, the sins of my youth. [*Chorus*]

Unto Thee, O Lord, do I lift up my soul.

Unto Thee, O Lord, do I lift up my soul. [*Chorus x 2*]

A Reading from the First Letter of Peter (1 Peter 3:18-22):

Reader: Hear what the Spirit says to the Church.

All: **Thanks be to God.**

Song of Response: O Sacred Head

Bernard of Clairvaux

Public domain

performed a Capella by Altar of Praise Chorale

O sacred Head, now wounded, with grief and shame weighed down,
now scornfully surrounded with thorns, Thine only crown!

O sacred Head, what glory, what bliss till now was thine!

Yet, though despised and gory, I joy to call thee mine.

What Thou, my Lord, hast suffered was all for sinner's gain.

Mine, mine was the transgression, but Thine the deadly pain.

Lo, here I fall, my Savior! 'Tis I deserve Thy place.

Look on me with Thy favor. Vouchsafe to me Thy grace.

What language shall I borrow to thank Thee, dearest Friend,
for this, Thy dying sorrow, Thy pity without end?

O make me Thine forever, and should I fainting be,

Lord, let me never, never outlive my love to Thee.

The Holy Gospel – remain standing

Gospeller: The Lord be with you.

All: **And also with you.**

Gospeller: The Holy Gospel of our Lord Jesus Christ
according to Mark (*Mark 1:9-15*)

All: **Glory to you, Lord Jesus Christ.**

Gospeller: The Gospel of Christ
All: **Praise to you, Lord Jesus Christ**

The Sermon: *(all sit)*

Song of Reflection: Embrace the Cross

John G. Elliott

CCLI Song # 224823

performed by Alessandra Sorace

I am crucified with Christ, therefore I no longer live.
Jesus Christ now lives in me. (Repeat)

Embrace the cross where Jesus suffered.
Though it will cost all you claim as yours.
Your sacrifice will seem small beside the treasure
Eternity can't measure what Jesus holds in store

Embrace the love the cross requires.
Cling to the one whose heart knew every pain.
Receive from Jesus fountains of compassion
Only He can fashion our hearts to move as His.

Oh, wondrous cross our desires rest in you
Lord Jesus make us bolder
To face with courage the shame and disgrace
You bore upon Your shoulder

Embrace the life that comes from dying.
Come trace the steps the Savior walked for you.
An empty tomb concludes Golgotha's sorrow.
Endure then till tomorrow, your cross of suffering.

Embrace the cross
Embrace the cross
The cross of Jesus

The Affirmation of Faith:

Let us confess the faith of our Baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of Intercession:

Sisters and brothers, in this season of repentance and healing, when we are called to follow Christ's example of complete reliance upon God, especially when tempted, we accept God's invitation to be ever-mindful of the needs of others, offering our prayers on behalf of God's community in the church and the world. *(Silence is kept.)*

All merciful God, on this Sunday in Lent we think of those who are being acutely tempted: tempted to look the other way when wrong is happening in their workplace; tempted to misuse their gifts for a sordid purpose; tempted to allow untamed emotions to hold sway; tempted by the corrupting power of money; and those tempted to stay in a rut rather than strike out on new paths for Christ Jesus. Generous God, steer us through times of temptation, **And deliver us from evil.**

We pray also for the many who feel pushed and tested almost beyond their endurance; those in positions of heavy responsibility who feel overloaded to the point of collapse; or those pressured from all sides by factions in workplace or community; suffering people—and all who must watch a loved one suffer— who feel they can bear no more; kindly folk whose patience with

a difficult friend is now at breaking point; persecuted Christians whose faith seems stretched beyond their limit; and the depressed whose inner being endures a misery which no human word can alleviate. Merciful God, steer us through times of temptation, **And deliver us from evil.**

We also pray for those who seem to be in a position of advantage: the happy, that their happiness may always be used for goodwill and compassion; the strong, that their energies may be used wisely and gently; the clever, that they may employ their mental facility for good not evil; for the rich, that their wealth may be shared for the uplifting of the poor; for the powerful, that they may use their position as a blessing to humanity; and those of strong faith, that they may walk humbly and affirm the weaker souls. Righteous God, steer us through times of temptation, **And deliver us from evil.**

Gracious Lord we pray for the whole family of your church. May all your people be built up in faith and demonstrate in their lives the gospel of Jesus Christ. Help us to play our part in the life of the church throughout the world through our prayers and by our gifts of money and service during this season of Lent and beyond. Give courage to those who find it hard to follow you. Give us a fresh vision that leads to action and strengthen us to serve you in the places where we live. We ask this for your church throughout the world including all the churches who gather together in Strathmore, along with the Church of the Province of Central Africa; our Companion Diocese of the Windward Islands; and the clergy and people of the Diocese of Fredricton. Encourage also our Archbishop Greg and our Treaty Seven Bishop, Sidney, along with the people of the parish of the week, St. George, Stettler, and their clergy, David Holmes and Jack Schulze. God of the one holy church, steer us through times of temptation, **And deliver us from evil.**

Father God we ask you to protect our loved ones, our friends and our neighbours. We pray that this Lenten season may bring grace to our friends and relatives who no longer practice their faith, and that they may return in the certain knowledge of your loving acceptance of them. We also place into your hands all whom we know to be in particular need at this time, from

whatever cause, speaking their names now aloud or silently (*Silence is kept*).
Healing and comforting God, steer us through times of temptation,
And deliver us from evil.

God of our salvation, your bow in the clouds proclaims your covenant with every living creature. Teach us your paths, lead us in your truth, and fill us with your strength to resist the seductions of our foolish desires and the tempter's vain delights, that we may walk in obedience and righteousness, confident in your unfailing love, and rejoicing in you with an upright heart.
Amen.

Collect of the Day:

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

The Lord's Prayer:

And now, gathering all our prayers and praises into one, let us pray as our Saviour taught us, saying:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, forever and ever. Amen.

Benediction:

Announcements:

Song of Sending: O Master, Let Me Walk with Thee Washington Gladden
performed by Sanctuary Choir, First United Methodist, Houston

O Master, let me walk with thee
In lowly paths of service free;
Tell me thy secret, help me bear
The strain of toil, the fret of care.

Help me the slow of heart to move
By some clear, winning word of love;
Teach me the wayward feet to stay,
And guide them in the homeward way.

Teach me thy patience; still with thee
In closer, dearer company,
In work that keeps faith sweet and strong,
In trust that triumphs over wrong.

In hope that sends a shining ray
Far down the future's broadening way,
In peace that only thou canst give,
With thee, O Master, let me live.

Dismissal: Now let us go forth in peace.
In the name of the Lord. Amen