

# Sung Eucharist

## The Book of Alternative Services



**28 February 2021**  
**Second Sunday in Lent**  
**11:00 am**



St. George's Cathedral, Kingston

**Prelude:**        *Air, S.S. Wesley*

**Setting:**        *Missa de Sancta Maria, Willan*

## The Gathering of the Community

*All stand. The presider greets the community.*

*Presider*        The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People*         **And with thy spirit.**

*Presider*        Bless the Lord who forgives all our sins.

*People*         **His mercy endures for ever.**

*Presider*        Almighty God,

*All*                **to you all hearts are open,**

**all desires known, and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Jesus Christ our Lord. Amen.**

## The Summary of the Law

*Presider*

Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets. **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

## Confession and Absolution

*Presider*        Dear Friends in Christ,  
as we prepare for the Paschal Feast,  
continuing in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers,

let us make ready our hearts  
to renew the covenant of our baptism.  
Let us kneel before our Creator and Redeemer.

*All Kneel.*

*The presider continues,*

Let us ask God to bring to light  
the things now hidden in darkness,  
and to disclose to us the secret purposes of our hearts. And most  
especially, let us remember the covenant of our baptism  
and test our hearts and conscience to know how faithfully  
we have proclaimed by word and example  
the good news of God in Christ.

*Silence is kept.*

*Presider*

*All*

Almighty God,  
**Father of our Lord Jesus Christ, Maker of all things and judge of all  
people: we acknowledge and confess our manifold sins and  
wickedness, which we from time to time most grievously have  
committed, by thought, word and deed, against thy divine majesty.  
We do earnestly repent, and are heartily sorry for these our  
misdoings. Have mercy upon us, most merciful Father; for thy Son  
our Lord Jesus Christ's sake, forgive us all that is past; and grant that  
we may ever hereafter serve and please thee in newness of life, to the  
honour and glory of thy name; through Jesus Christ our Lord. Amen.**

*Presider*

Almighty God, our heavenly Father, who of his great mercy hath  
promised forgiveness of sins to all them that with hearty repentance  
and true faith turn unto him: have mercy upon you; pardon and  
deliver you from all your sins; confirm and strengthen you in all  
goodness; and bring you to everlasting life; through Jesus Christ our  
Lord.

*All*

**Amen.**

## **Kyrie Eleison**

**Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.**

*or*

**Kyrie eleison. Christe eleison. Kyrie eleison.**

## The Collect of the Day

*The community may pray silently. The celebrant then sings or says the collect, after which the people respond, Amen.*

*Presider* Let us pray.

*All* Faithful God, may we set our minds and wills to yours, and take up our cross, following Christ with confidence for the glory you reveal in him; who lives and reigns with you in the unity of the Holy spirit, one God, now and for ever. **Amen.**

## The Proclamation of the Word

### The Readings (Gordon Gwynne-Timothy)

*Reader* *A Reading from the Book of Genesis 17:1-7,15-16*

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous."

Then Abram fell on his face; and God said to him,

"As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you.

I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

God said to Abraham, "As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

*At the conclusion of the passage, the reader says,*

The word of the Lord.

*People* **Thanks be to God.**

*Silence may be kept. Then shall follow a psalm as appointed.*

## Psalm 22:22-31

22 I will declare thy Name unto my brethren; / in the midst of the congregation will I praise thee.

23 O praise the Lord, ye that fear him: / magnify him, all ye of the seed of Jacob, and stand in awe of him, all ye seed of Israel.

24 For he hath not despised nor abhorred the low estate of the poor; / he hath not hid his face from him; but when he called unto him he heard him.

25 Of thee cometh my praise in the great congregation; / my vows will I perform in the sight of them that fear him.

26 The poor shall eat and be satisfied; they that seek after the Lord shall praise him; / may your heart live for ever.

27 All the ends of the world shall remember, and be turned unto the Lord; / and all the kindreds of the nations shall worship before him.

28 For the kingdom is the Lord's, / and he is the Governor among the nations.

29 Surely to him shall all the proud of the earth bow down; / and before him shall kneel all that go down into the dust, and he that cannot keep his soul alive.

30 Their posterity shall serve him; / it shall be told of the Lord unto a generation yet to come.

31 And men shall declare his righteousness / unto a people that shall be born, that he hath done it.

### *Reader*

### *A Reading from Letter of Paul to the Romans 4:13-25*

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") – in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness."

Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

The word of the Lord.

*People*

**Thanks be to God.**

## **Gradual Hymn (please stay seated while the Choristers sing)**

Thou art the Christ, O Lord,  
the Son of God most high:  
for ever be adored  
that name in earth and sky,  
in which, though mortal strength may fail,  
the saints of God at last prevail.

2 O surely he was blest  
with blessedness unpriced,  
who, taught of God, confessed  
the Godhead in the Christ;  
for of thy church, Lord, thou didst own  
thy saint a true foundation-stone.

3 Thrice fallen, thrice restored,  
the bitter lesson learnt,  
that heart for thee, O Lord,  
with triple ardour burnt.  
The cross he took he laid not down  
until he grasped the martyr's crown.

4 O bright triumphant faith,  
O courage void of fears,  
O love most strong in death,  
O penitential tears!  
By these, Lord, keep us lest we fall,  
and make us go where thou shalt call.

*Croft's 136<sup>th</sup>*  
William Croft, 1678-1727

William Walsham How, 1823-97

*All stand for the Gospel.*

*Reader* The Lord be with you.

*People* **And with thy spirit.**

*Reader* The Holy Gospel of our Lord Jesus Christ according to Mark

*People* **Glory, Lord Jesus Christ.**

Then Jesus began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole

world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

*Mark 8:31-38*

The Gospel of Christ.

*People* Praise to you, Lord Jesus Christ.

## **Sermon – The Ven. John Robertson**

*A silence for reflection may follow.*

### **The Nicene Creed**

I believe in one God, the Father almighty,  
maker of heaven and earth,  
and of all things visible and invisible;  
And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of the Father before all worlds,  
God, of God; Light, of Light;  
very God, of very God;  
begotten, not made;  
being of one substance with the Father;  
through whom all things were made:  
who for us and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man,  
and was crucified also for us under Pontius Pilate.  
He suffered and was buried,  
and the third day he rose again  
according to the scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father.  
And he shall come again with glory  
to judge both the quick and the dead:  
whose kingdom shall have no end.  
And I believe in the Holy Ghost,  
the Lord, the giver of life,  
who proceedeth from the Father and the Son,  
who with the Father and the Son together  
is worshipped and glorified,  
who spake by the prophets.

**And I believe one, holy, catholic, and apostolic Church.  
I acknowledge one baptism for the remission of sins.  
And I look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers of the People            (Holly Gwynne-Timothy)**

*Leader*            In peace let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For peace from on high  
and for our salvation, let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For the peace of the whole world,  
for the welfare of the holy Church of God, and for the unity of all,  
let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For our bishops,  
and for all the clergy and people, let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For Elizabeth our Queen,  
for the leaders of the nations, and for all in authority,  
let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For this city of Kingston,  
for every city and community,  
and for those who live in them in faith, let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For good weather,  
and for abundant harvests for all to share, let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For those who travel by land, water, or air, for the sick and the  
suffering (especially . . . ) for prisoners and captives,  
and for their safety, health, and salvation, let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For our deliverance from all affliction, strife, and need,  
let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For the absolution and remission of our sins and  
offences,  
let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader*            For all who have died (especially . . . ) let us pray to the Lord.

*People*            **Lord, have mercy.**

*Leader* Remembering St George, and all the saints, we commit ourselves, one another, and our whole life to Christ our God.

*People* **To thee, O Lord.**

*Leader* Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy name thou wilt hear their requests: fulfil now, O Lord, the desires and petitions of thy servants as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting; for thou, Father, art good and loving, and we glorify thee through thy Son Jesus Christ our Lord, in the Holy Spirit, now and for ever.

*People* **Amen.**

## The Peace

*All stand, and the presider addresses the people.*

The peace of the Lord be always with you.

*People* **And also with you.**

## Offertory Hymn (please stay seated while the Choristers sing)

1 Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

2 O loving wisdom of our God!  
When all was sin and shame,  
a second Adam to the fight  
and to the rescue came.

3 O wisest love! that flesh and blood,  
which did in Adam fail,  
should strive afresh against the foe,  
should strive and should prevail;

4 And that a higher gift than grace  
should flesh and blood refine,  
God's presence and his very self,  
and essence all-divine.

5 O generous love! that he, who smote  
in Man for man the foe,  
the double agony in Man  
for man should undergo

6 And in the garden secretly,  
and on the cross on high,  
should teach his brethren, and inspire  
to suffer and to die.

7 Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

# The Celebration of the Eucharist

## Eucharistic Prayer A

*Celebrant* The Lord be with you.  
*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.  
*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.  
*People* **It is meet and right so to do.**

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the Paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

*Celebrant* Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*All* **Holy, holy, holy, Lord God of Hosts,  
heaven and earth are full of thy glory.  
Glory be to thee, O Lord most high.  
Blessed is he that cometh in the name of the Lord:  
Hosanna in the highest.**

*Celebrant* Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

*All*                    **We praise thee, we bless thee, we thank thee,  
and we pray to thee, Lord our God.**

*Celebrant*            And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.  
**Amen.**

## **The Lord's Prayer**

*Presider*            As our Saviour taught us, let us pray,

*All*                    **OUR Father who art in heaven, Hallowed be  
thy Name, Thy kingdom come, Thy will be  
done, on earth as it is in heaven. Give us this  
day our daily bread; And forgive us our trespasses,**

As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

## The Breaking of the Bread

*Then the celebrant breaks the consecrated bread. Then may be said,*

*All* We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen.

## Agnus Dei

*Chorister* O Lamb of God, that takest away the sin of the world: have mercy upon us.  
O Lamb of God, that takest away the sin of the world: have mercy upon us.  
O Lamb of God, that takest away the sin of the world: grant us thy peace.

## Prayer after Communion

*Celebrant* Let us pray.

*All* Almighty and everliving God, We most heartily thank thee That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, Ourselves, our souls and bodies, To be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, Yet we beseech thee to accept this our bounden duty and service, Not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen.

*The celebrant may bless the people.*

*Celebrant* The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

## Dismissal

*The celebrant may bless the people. The deacon, or other leader, dismisses the people, saying in these or similar words,*

*Leader*        Go in peace to love and serve the Lord.

*People*        **Thanks be to God.**

**Postlude:** *Gavotte*, S.S. Wesley

**Interim Dean: The Ven. David Selzer**  
**Interim Director of Music: Brad Barbeau**

**Prayer List:** The Very Rev Sharon Murdoch, The Rev Don Goodwin, Collin Stewart, John Bate, Dee Padfield, Kathy Anderson, Sandy, Jason, Allie and Dev Kauenhofen, Paul Robertson, Richard Watson-Laird, Danielle Clarke, Sean Lovett, Ralph Brose, Gill Cleghorn, Gwynne Hardy, Shirley Clur.

**Parish Cycle of Prayer:** Pray for our Verger, Jane Kilpatrick and all her helpers; Tania Fifield, Barbara Fisher, Barbara Fittell, Leslie Fleming and their families.

**The flowers at the High Altar today are given to the glory of God in loving memory of  
Ross Kilpatrick from his family.**

We are delighted that you are with us for worship today.

Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. All people are welcome to come forward at the time of Communion. Please cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

**Receiving Communion during pandemic:** To receive Communion please line up in single file down the center aisle while practicing social distancing. Approach the Clergy with your mask on and arms fully outstretched hands together. You will receive a wafer only. Immediately step aside, move your mask, consume the wafer and return to your pew using a side aisle.

### **Something new at the 9:15 am Service!**

The extended children's focus known as "**Loving God's Story**" will return at the 9:15 am service each Sunday. We invite all families and children to come and join us for music, story, learning and fun during our service. We enjoy the bustle and energy of children and welcome all to be a part of this more relaxed worship. Each child is given worksheets and colouring sheets to take back to their seat to work on in church or to take home.

**Wednesday, March 3, 12:15** Holy Eucharist, in Lady Chapel

**Thursday, March 4, 10:30am** Eucharist, with prayers for healing, in Lady Chapel

**Friday, March 5, 12:00pm** Litany of Reconciliation, on church steps

**Readings for next Sunday, March 7 - Third Sunday in Lent**

**Exodus 20:1-17; Psalm 19; 1 Corinthians 1:18-25; John 2:13-22**

Parishioners are required to register through St. George's website for all services

[www.stgeorgescathedral.ca](http://www.stgeorgescathedral.ca)

## Announcements

**Notice is Hereby Given that the Annual Vestry Meeting for the  
Cathedral Church of St. George will take place on  
Sunday March 7, 2021  
commencing at 1:30pm via Zoom only.**

- Additional copies of St. George's 2020 Annual Reports brochure and 2020 Financials are available at the King St. entrance of the Cathedral on Sundays.
- For parishioners who would like to receive an electronic copy of St. George's 2020 Financials, please contact the church office.

**To register for Services:** Please register through the Cathedral website at [www.stgeorgescathedral.ca](http://www.stgeorgescathedral.ca) (there is also a video on the website demonstrating how to order a ticket). If you do not have Internet access, please call the parish office at 613-548-4617 to reserve a space for the coming Sunday. Please make every effort to register by Thursday each week

**2021 Offering Envelopes** - For members who have not already collected their box of offering envelopes for 2021 please contact Marg in the church office.

The St. George's Cathedral website has various publications regarding Lent. Of special note is the booklet "Lenten Reflections" and "Living Lent at Home", [www.stgeorgescathedral.ca](http://www.stgeorgescathedral.ca).

### **Lenten Bible Study - Rev'd Gerald Moore - UPDATED!**

Here is the bible study that I will be offering, starting next week. Due to technical issues I have had to change the subject. I cannot offer it from Wolfe Island as the network is too unstable. I am looking into running this from the Cathedral on Wednesdays via Zoom. I will also provide each weekly portion to those who wish to do a self -study, with the option of providing a personal reflection that can be shared with others. This is my first attempt at a virtual bible study, so please have patience with me as I stumble through this.

**Study 1: The Triumphal Entry**

**Study 2: The Last Supper**

**Study 3: The Crucifixion**

**Study 4: The Resurrection**

For more information, or to register, please contact  
The Rev. Gerald Moore at [geraldmoore53@outlook.com](mailto:geraldmoore53@outlook.com).

You are invited to check out the NEW website for Lunch By George: [lunchbygeorge.ca](http://lunchbygeorge.ca)

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