

Why We help

Since the earliest days of the church, compassionate practical service has been a central component of the Christian faith community. The Gospels have stories of Jesus feeding hungry people, helping the sick, comforting the struggling. The book of Acts describes devout believers being consecrated to the task of overseeing food distribution to those who need it.

Our CareShare and Family Ministry teams at St. Andrew's provide a means of continuing this same practical, caring service. Food is provided, support is given, immediate needs are met, relationships enhanced, and some concerns eased. Givers and receivers are both blessed in the sharing.

2018/11

If you are interested in learning more...

Church Office: 403-255-0001

Email: Judie Coleman at
pastoralcare@standrewscalgary.ca

Web: www.standrewscalgary.ca



ST. ANDREW'S PRESBYTERIAN CHURCH

703 Heritage Dr. S.W.
Calgary, AB T2V 2W4



**“I was hungry and
you fed me...”**

Matthew 25:35 MSG

ST. ANDREW'S PRESBYTERIAN CHURCH

*Pastoral Care
The Ministry of Presence*

Support

Our CareShare and Family Ministry teams work together to provide short term support in crisis situations to people connected to St. Andrew's. This is a ministry of food but we have volunteers who also provide transportation to medical appointments, child care and/or other specific needs as appropriate.

How can you help?

- **Sign up for Meal Train**
- **Fill the Freezer with a meal**
- **Prepare Christmas Cookie Plates**

If you are interested, please contact the church office at 403-255-0001, by email at office@standrewscalgary.ca, or sign up at the volunteer desk in the foyer.

Meal Train

'Meal Train' (www.mealtrain.com) is an easy way to let volunteers know when meals, drives or child care are needed for someone in our faith family.

Here's how it works:

When a need is identified, volunteers who have signed up for this ministry will receive an email with all the details (who is receiving the meals, allergies, delivery instructions, and dates meals are needed).

As a volunteer, when you receive the email, you decide if you can help, and select a date that works for you. It is an easy and effective way to organize meal delivery and it is convenient for volunteers to sign up to deliver meals or offer rides when able.

Fill the Freezer

We have a dedicated freezer in the Inner Hall for you to leave a frozen meal for someone who could benefit from the gift of food

Here's how it works:

You bring a meal or baked goods, labelled with what it is, serving size, list of all ingredients, date made, and your name, to the Inner Hall at the church and place it in the freezer marked 'Family Ministry - Fill the Freezer'. Next - A member of the Ministerial, CareShare or Family Ministry Team will deliver your meal to a family in need. If interested in this ministry, please add your name at the volunteer desk.

Christmas Cookie Plates

Once a year, home baked cookies are donated by people in the congregation. Volunteers typically fill close to 100 plates with goodies for the home bound and bereaved among us. You are invited to donate cookies, attend a decorative packaging work bee in December, and/or help deliver the cookies plates to the recipients during the Christmas season.

Confidentiality

All needs requests are kept confidential within the office and the volunteers on Meal Train.

Leading with Care

To comply with The Presbyterian Church in Canada's policy to protect vulnerable people:

- Volunteer drivers must have copies of their driver's licence, proof of insurance and a police check on file in the church office.
- Volunteer child care providers must have a police check on file in the church office.

St. Andrew's Presbyterian Church

If you or someone you know would benefit from a meal or is in need of transportation to a medical appointment, please fill in this form and leave it in the church office or email office@standrewscalgary.ca

Please tell us how we can help.

Your name (please print)

Phone or email

