

# Sung Eucharist

## The Book of Alternative Services



**21 March 2021**  
**Fifth Sunday in Lent**  
**11:00 am**



St. George's Cathedral, Kingston

**Prelude:** *Schmücke dich, o liebe Seele*, Johann Walther

**Setting:** *Missa de Angelis*

## The Gathering of the Community

*All stand. The presider greets the community.*

*Presider* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People* **And with thy spirit.**

*Presider* Bless the Lord who forgives all our sins.

*People* **His mercy endures for ever.**

*Presider* Almighty God,

*All* **unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Jesus Christ our Lord. Amen.**

## The Summary of the Law

*Presider* Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

**Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

## Confession and Absolution

*Presider* Dear Friends in Christ,  
as we prepare for the Paschal Feast,  
continuing in the apostles' teaching and fellowship,  
in the breaking of bread, and in the prayers,  
let us make ready our hearts  
to renew the covenant of our baptism.  
Let us kneel before our Creator and Redeemer.

*All Kneel.*

*The presider continues,*

Let us ask God to bring to light  
the things now hidden in darkness,  
and to disclose to us the secret purposes of our hearts. And most  
especially, let us remember the covenant of our baptism  
and test our hearts and conscience to know how faithfully we have  
striven to safeguard the integrity of God's creation, respecting, sustaining  
and renewing the life of the earth.

*Silence is kept.*

*Presider*

Almighty God,

*All*

**Father of our Lord Jesus Christ, Maker of all things and judge of all  
people: we acknowledge and confess our manifold sins and  
wickedness, which we from time to time most grievously have  
committed, by thought, word and deed, against thy divine majesty.  
We do earnestly repent, and are heartily sorry for these our  
misdoings. Have mercy upon us, most merciful Father; for thy Son  
our Lord Jesus Christ's sake, forgive us all that is past; and grant that  
we may ever hereafter serve and please thee in newness of life, to the  
honour and glory of thy name; through Jesus Christ our Lord. Amen.**

*Presider*

Almighty God, our heavenly Father, who of his great mercy hath  
promised forgiveness of sins to all them that with hearty repentance  
and true faith turn unto him: have mercy upon you; pardon and  
deliver you from all your sins; confirm and strengthen you in all  
goodness; and bring you to everlasting life; through Jesus Christ our  
Lord.

*All*

**Amen.**

## **Kyrie Eleison**

*Choristers*

Kyrie eleison, Christe eleison, Kyrie eleison

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

## **The Collect of the Day**

*The community may pray silently. The celebrant then sings or says the collect, after which the people  
respond, Amen.*

*Presider*

Let us pray.

*All*

God of glory, your revelation through Jesus Christ calls into your covenant of love. Enable us now to reflect your love, so that barriers erected by sin may be broken down, and all people may be drawn to you; through him who lives and reigns with you and the Holy Spirit, now and for ever. **Amen.**

## The Proclamation of the Word

### The Readings (Connie Gardiner)

*A first reading as appointed.*

*Reader* **A Reading from the Prophecies of Jeremiah 31:31-34**

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt – a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the Lord," for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

*At the conclusion of the passage, the reader says,*

The word of the Lord.

*People*

**Thanks be to God.**

*Silence may be kept. Then shall follow a psalm as appointed.*

### Psalm 51:1-13

1 Have mercy upon me, O God, after thy great goodness; / according to the multitude of thy mercies do away mine offences.

2 Wash me thoroughly from my wickedness, / and cleanse me from my sin.

3 For I acknowledge my faults, / and my sin is ever before me.

4 Against thee only have I sinned, and done that which is evil in thy sight; / that thou mightest be justified when thou speakest, and clear when thou dost judge.

5 Behold, I was brought forth in wickedness, / and in sin hath my mother conceived me.

6 But lo, thou requirest truth in the inward parts, / and shalt make me to understand wisdom secretly.

7 Thou shalt purge me with hyssop, and I shall be clean; / thou shalt wash me, and I shall be whiter than snow.

8 Thou shalt make me hear of joy and gladness, / that the bones which thou hast broken may rejoice.

9 Turn thy face from my sins, / and put out all my misdeeds.  
10 Make me a clean heart, O God, / and renew a right spirit within me.  
11 Cast me not away from thy presence, / and take not thy holy spirit from me.  
12 O give me the comfort of thy help again, / and stablish me with a free spirit.

*Reader*                    ***A Reading from the Letter to the Hebrews 5:5-10***

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchizedek." In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

*At the conclusion of the passage, the reader says:*

The word of the Lord.

*People*                    **Thanks be to God.**

## **Gradual Hymn (please stay seated while the Choristers sing)**

Help us, O Lord, to learn  
the truths thy word imparts:  
to study that thy laws may be  
inscribed upon our hearts.

2 Help us, O Lord, to live  
the faith which we proclaim,  
that all our thoughts and words and deeds  
may glorify thy name.

3 Help us, O Lord, to teach  
the beauty of thy ways,  
that yearning souls may find the Christ,  
and sing aloud his praise.

*Sandys*  
from W. Sandy's *Christmas Carols* 1833

William Watkins Reid 1923-2009  
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*All stand for the Gospel.*

*Reader*                    The Lord be with you.

*People*                    **And with thy spirit.**

*Reader*                    The Holy Gospel of our Lord Jesus Christ according to John

*People*                    **Glory be to thee, O Lord.**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.

"Now my soul is troubled. And what should I say — "Father, save me from this hour"? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

*John 12:20-33*

*At the conclusion of the passage, the reader says:*

The Gospel of Christ.

*People* Praise be to thee, O Christ.

## **Sermon – The Ven. David Selzer**

*A silence for reflection may follow.*

### **The Nicene Creed**

**I believe in one God, the Father almighty,  
maker of heaven and earth,  
and of all things visible and invisible;  
And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of the Father before all worlds,  
God, of God; Light, of Light;  
very God, of very God;  
begotten, not made;  
being of one substance with the Father;  
through whom all things were made:  
who for us and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man,  
and was crucified also for us under Pontius Pilate.**

He suffered and was buried,  
and the third day he rose again  
according to the scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father.  
And he shall come again with glory  
to judge both the quick and the dead:  
whose kingdom shall have no end.  
And I believe in the Holy Ghost,  
the Lord, the giver of life,  
who proceedeth from the Father and the Son,  
who with the Father and the Son together  
is worshipped and glorified,  
who spake by the prophets.  
And I believe one, holy, catholic, and apostolic Church.  
I acknowledge one baptism for the remission of sins.  
And I look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of the People (Aveleigh Kyle)

*Leader* In peace let us pray to the Lord.  
*People* **Lord, have mercy.**  
*Leader* For peace from on high  
and for our salvation, let us pray to the Lord.  
*People* **Lord, have mercy.**  
*Leader* For the peace of the whole world,  
for the welfare of the holy Church of God, and for the unity of all,  
let us pray to the Lord.  
*People* **Lord, have mercy.**  
*Leader* For our bishops,  
and for all the clergy and people, let us pray to the Lord.  
*People* **Lord, have mercy.**  
*Leader* For Elizabeth our Queen,  
for the leaders of the nations, and for all in authority,  
let us pray to the Lord.  
*People* **Lord, have mercy.**  
*Leader* For this city of Kingston,  
for every city and community,  
and for those who live in them in faith, let us pray to the Lord.  
*People* **Lord, have mercy.**  
*Leader* For good weather,  
and for abundant harvests for all to share, let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For those who travel by land, water, or air, for the sick and the suffering (especially . . . ) for prisoners and captives, and for their safety, health, and salvation, let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For our deliverance from all affliction, strife, and need, let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For the absolution and remission of our sins and offences, let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

For all who have died (especially . . . ) let us pray to the Lord.

*People*

**Lord, have mercy.**

*Leader*

Remembering St George, and all the saints, we commit ourselves, one another, and our whole life to Christ our God.

*People*

**To thee, O Lord.**

*Leader*

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy name thou wilt hear their requests: fulfil now, O Lord, the desires and petitions of thy servants as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting; for thou, Father, art good and loving, and we glorify thee through thy Son Jesus Christ our Lord, in the Holy Spirit, now and for ever.

*People*

**Amen.**

## **The Peace**

*All stand, and the presider addresses the people.*

The peace of the Lord be always with you.

*People*

**And with thy spirit.**



## Offertory Hymn (please stay seated while the Choristers sing)

Light of the minds that know him,  
may Christ be light to mine!  
my sun in risen splendour,  
my light of truth divine;  
my guide in doubt and darkness,  
my true and living way,  
my clear light ever shining,  
my dawn of heaven's day.

2 Life of the souls that love him,  
may Christ be ours indeed!  
the living bread from heaven  
on whom our spirits feed;  
who died for love of sinners  
to bear our guilty load,  
and make of life's brief journey  
a new Emmaus road.

3 Strength of the wills that serve him,  
may Christ be strength to me,  
who stilled the storm and tempest,  
who calmed the tossing sea;  
his Spirit's power to move me,  
his will to master mine,  
his cross to carry daily  
and conquer in his sign.

4 May it be ours to know him  
that we may truly love,  
and loving, fully serve him  
as serve the saints above;  
till in that home of glory  
with fadeless splendour bright,  
we serve in perfect freedom  
our strength, our life, our light.

*Llangolffan*

From *Hymnau a Thonau* 1865

Composer Unknown

Timothy Dudley-Smith b. 1926

based on a prayer of

St Augustine of Hippo

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## The Celebration of the Eucharist

### Eucharistic Prayer A

*Celebrant* The Lord be with you.  
*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.  
*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.  
*People* **It is meet and right so to do.**

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the Paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

*Celebrant*

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*Chorister*

Holy, holy, holy, Lord God of Hosts,  
heaven and earth are full of thy glory.  
Glory be to thee, O Lord most high.  
Blessed is he that cometh in the name of the Lord:  
Hosanna in the highest.

*Celebrant*

Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

*All*                    **We praise thee, we bless thee, we thank thee,  
and we pray to thee, Lord our God.**

*Celebrant*            And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

## **The Lord's Prayer**

*Presider*            As our Saviour taught us, let us pray,

*All*                    **OUR Father who art in heaven, Hallowed be  
thy Name, Thy kingdom come, Thy will be  
done, on earth as it is in heaven. Give us this  
day our daily bread; And forgive us our trespasses,  
As we forgive them that trespass against us;  
And lead us not into temptation, But deliver us from evil.  
For thine is the kingdom, the power, and the glory.  
Forever and ever. Amen.**

## **The Breaking of the Bread**

*Then the celebrant breaks the consecrated bread. Then may be said,*

*All*                    **We do not presume to come to this thy table, O merciful Lord, Trusting in  
our own righteousness, But in thy manifold and great mercies. We are not  
worthy So much as to gather up the crumbs under thy table. But thou art  
the same Lord, Whose property is always to have mercy: Grant us  
therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ,  
And to drink his blood, That we may evermore dwell in him, And he in  
us. Amen.**

## **Agnus Dei**

*Chorister*            Agnus Dei, qui tollis peccata mundi, miserere nobis.  
Agnus Dei, qui tollis peccata mundi, miserere nobis.  
Agnus Dei, qui tollis peccata mundi, dona nobis pacem

## Prayer after Communion

*Celebrant* Let us pray.

*All* Almighty and everliving God, We most heartily thank thee That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, Ourselves, our souls and bodies, To be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, Yet we beseech thee to accept this our bounden duty and service, Not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen.

*The celebrant may bless the people.*

*Celebrant* The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

## Dismissal

*The celebrant may bless the people. The deacon, or other leader, dismisses the people, saying in these or similar words,*

*Leader* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

**Postlude:** *Herzlich tut mich verlangen*, Johann Walther

**Interim Dean: The Ven. David Selzer**  
**Interim Director of Music: Brad Barbeau**

**Prayer List:** The Very Rev Sharon Murdoch, The Rev Don Goodwin, Collin Stewart, John Bate, Dee Padfield, Kathy Anderson, Sandy, Jason, Allie and Dev Kauenhofen, Paul Robertson, Richard Watson-Laird, Danielle Clarke, Sean Lovett, Ralph Brose, Gill Cleghorn, Gwynne Hardy.

**Parish Cycle of Prayer:** Worship Scheduling, The Rev. Don Goodwin; Janine Gilroy, Sonia Gluppe, Don Goodwin, David and Joanna Gordon, and their families.

We are delighted that you are with us for worship today.

Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. All people are welcome to come forward at the time of Communion. Please cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

**Receiving Communion during pandemic:** To receive Communion please line up in single file down the center aisle while practicing social distancing. Approach the Clergy with your mask on and arms fully outstretched hands together. You will receive a wafer only. Immediately step aside, move your mask, consume the wafer and return to your pew using a side aisle.

**Wednesday, March 24, 12:15 pm** Holy Eucharist, in Lady Chapel

**Thursday, March 25, 10:30am** Eucharist, with prayers for healing, in Lady Chapel

**Friday, March 26, 11:50am** Litany of Reconciliation, on church steps

**Readings for next Sunday, March 28 – The Sunday of the Passion: Palm Sunday**

Matthew 11:1-11; Psalm 118:1-2, 19-29; Book of the Prophecies of Isaiah 50:4-9a; Psalm 31:9-15; Letter of Paul to the Philippians 2:5-11; Mark 14:1-15:47

**Sunday, March 28, 3:00 pm – Choral Evensong (Virtual)**

### Announcements

*Easter Flowers* – For those who wish to make a donation towards the Easter Flowers in memory of a loved one, OR in recognition/thanksgiving/celebration, a donation form is available at the back of the Church today. When complete, please place on the collection plate, or hand in at the church office by **Monday, March 29, 2021.**

### **VACCINATIONS:**

As the roll out of the vaccine gets started in Kingston, some of your 80+ friends may have had a first dose. They have been part of a pilot test and they were contacted by Public Health for an appointment.

Others will have to brave the on-line reservation system starting March 15, 2021 or phone in to a designated number.

If you are over 80 and need help with the on-line service, please phone the church office and leave a name and phone number. Some computer wizard will be in touch with you to help with the booking process.

If you have an appointment, but no ride out to the Invista Centre, please phone and we can help with transport.

The same will no doubt happen a bit later for 70+ and those with certain health conditions and we can help with that also.

## Stations of the Cross

Today you will see the Stations of the Cross posters displayed in the church. These were purchased and prepared to display last year on Good Friday.

However, the church was closed due to Covid 19 on Good Friday last year and we were unable to use the posters. We have now displayed them for this season of Lent and will keep them up for Holy Week. We hope you will take the time to have a close look at them and meditate on Jesus journey to the Cross and beyond.

**To register for Sunday Services:** Please register through the Cathedral website at [www.stgeorgescathedral.ca](http://www.stgeorgescathedral.ca) (there is also a video on the website demonstrating how to order a ticket). If you do not have Internet access, please call the parish office at 613-548-4617 to reserve a space for the coming Sunday. Please make every effort to register by Thursday each week

You are also welcome to watch a **Livestream** of the 11:00 am Sunday Service at: <https://www.stgeorgescathedral.ca/live>

270 King Street East at Johnson Street  
P.O. Box 475, Kingston, ON K7L 4W5  
Tel: 613-548-4617 Email: [office@stgeorgescathedral.ca](mailto:office@stgeorgescathedral.ca)  
Web page: [www.stgeorgescathedral.ca](http://www.stgeorgescathedral.ca)  
Facebook page: St. George's Cathedral Kingston