



Rescue Series- Episode III

"From Death to Life"

"Christ did for us what we couldn't do for ourselves!"

- Steven MacDonald

"The word of the Lord came to Jonah son of Amittai: "Go to the great city of Nineveh and preach against it, because its wickedness has come up before me." But Jonah ran away from the Lord and headed for Tarshish. He went down to Joppa, where he found a ship bound for that port. After paying the fare, he went aboard and sailed for Tarshish to flee from the Lord." **Jonah 1:1-3**

"Then the Lord sent a great wind on the sea, and such a violent storm arose that the ship threatened to break up. All the sailors were afraid and each cried out to his own god. And they threw the cargo into the sea to lighten the ship. But **Jonah** had gone below deck, where he lay down and fell into a deep sleep." **Jonah 1:4-5**

1. Take _____ for your bad choice.

"Pick me up and throw me into the sea," he replied, "and it will become calm. I know that **it is my fault** that this great storm has come upon you." **Jonah 1:12**

"A man who refuses to admit his mistakes can never be successful. But if he **confesses** and **forsakes** them, he gets **another chance.**"

Proverbs 28:13 (TLB)

"You are not a failure until you start blaming others for your mistakes."
- John Wooden

"For as Jonah was **three days** and **three nights** in the belly of a huge fish, so the **Son of Man** will be **three days** and **three nights** in the heart of the earth." **Matthew 12:40**

2. _____ by turning away from your bad choice.

"...what I have vowed I will make good." **Jonah 2:9**

"**Repent**, then, and turn to God, so that your sins may be wiped out, that **times of refreshing** may come from the Lord." **Acts 3:19**

"Then the Word of the Lord came to Jonah a **second time...**" **Jonah 3:1**

"The **amazing grace** of God has the ability to look beyond our mess to our **rescue** and a **new beginning.**" - Steven MacDonald

3. Embrace God's _____.

"**Grace** always runs downhill. It met me when I was at the bottom, not the top." - John Maxwell

"Let us then approach God's throne of **grace** with confidence, so that we may receive **mercy** and find **grace** to help us in our time of need." **Hebrews 4:16**

"My God sent his angel, and He shut the mouths of the lions. They have not hurt me, because I was found innocent in His sight. ...when Daniel was lifted from the den, no wound was found on him, because he had **trusted in his God.**" **Daniel 6:22-23**

"Christ died for **our** sins **according to the Scriptures**, that He was buried, that He was raised on the third day **according to the Scriptures.**"
1 Corinthians 15:3-4

"**You have already won** a victory... because **the Spirit** who lives in you is greater than the spirit who lives in **the world.**" **1 John 4:4 (NLT)**

All scripture is from the New International Version unless otherwise noted.



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