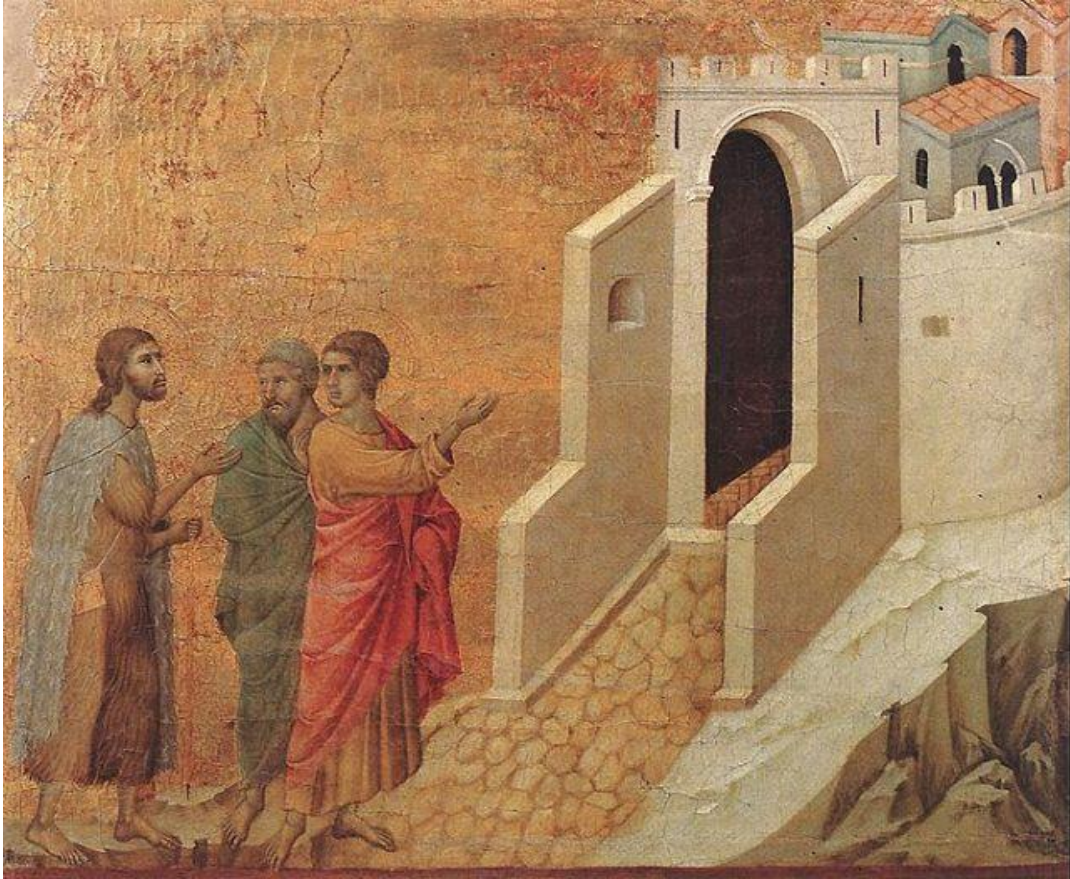


# THIRD SUNDAY OF EASTER

18 APRIL 2021



8 & 10 AM MORNING PRAYER

*ONLINE STREAMING*

ST. HELEN'S  
ANGLICAN CHURCH OF CANADA  
(WEST POINT GREY)  
DIOCESE OF NEW WESTMINSTER  
THE REVEREND LIZ HAMEL, INTERIM PRIEST-IN-CHARGE

## Third Sunday of Easter – 18 April 2021

### **8:00 am Morning Prayer**

*Book of Common Prayer, Page 1, 6 ff*

Collect, Readings and Psalm - See 10 am Sung Morning Prayer

### **10:00 am Sung Morning Prayer**

*Prelude*

#### **The Gathering of the Community**

*Welcome*

We bid you a very warm welcome to our worship. We acknowledge our presence is on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Peoples.

*Opening Hymn: "At the Lamb's High Feast We Sing"*

CP 207

*Introductory Responses*

O Lord, open our lips

**and our mouth shall proclaim your praise.**

In your resurrection, O Christ,

**let heaven and earth rejoice. Alleluia.**

Blessed are you, God of our salvation, to  
you be praise and glory for ever.

As once you delivered your people from Egypt and led  
them to freedom in the promised land,

so now you have delivered us from the dominion of darkness and  
brought us into the loving reign of the risen Christ.

May we, the first fruits of your new creation, rejoice in  
this new day you have made

and praise you for your mighty acts. <sup>247</sup>

Blessed be God: Source of all being, eternal Word and Holy Spirit.

**Blessed be God for ever.**

*Gloria from Mass of Glory*

St. Helen's Choir

Refrain: Glory to God, Glory to God, Glory to God in the highest,  
and on earth peace to people of good will.

*Confession and Absolution*

*Celebrant* Dear friends in Christ,  
God is steadfast in love and infinite in mercy.  
Let us confess our sins,  
confident in God's forgiveness.

*Silence*

**All** Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.

*Celebrant* Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord. Amen.

### The Proclamation of the Word

*Children's Time*

Dunni Awe

*1st Reading:* Acts 3:12-19

Gillian Moore

*Reader* A reading from the Book of Acts

Peter addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made this man walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you. And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out."

*Reader* Hear what the spirit is saying to the church.

**All Thanks be to God.**

Psalm 4

St. Helen's Choir

*Refrain: The Lord does wonders for the faithful.*

Answer me when I call, O God, defender of my cause; you set me free when I am hard-pressed; have mercy on me and hear my prayer.

"You mortals, how long will you dishonour my glory; how long will you worship dumb idols and run after false gods?" R

Know that the Lord does wonders for the faithful; when I call upon the Lord, he will hear me.

Tremble, then, and do not sin; speak to your heart in silence upon your bed. R

Offer the appointed sacrifices and put your trust in the Lord.

Many are saying, "Oh, that we might see better times!" Lift up the light of your countenance upon us, O

Lord. R

You have put gladness in my heart, more than when grain and wine and oil increase.

I lie down in peace; at once I fall asleep; for only you, Lord, make me dwell in safety. R

*Offertory Hymn: "Yours Be the Glory"*

CP 210

*Gospel Acclamation*

Refrain: Alleluia! Alleluia! Alleluia! Give the glory and the honour to the Lord!

St. Helen's Choir

*Gospel Reading: John 24:36B-48*

Lee Johnson

*Reader* The Lord be with you.

**All And also with you.**

*Reader* The Holy Gospel of our Lord Jesus Christ according to John.

**All Glory to you, Lord Jesus Christ.**

Jesus himself stood among the disciples and said to them, "Peace be with you." They were startled and terrified, and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence. Then he said to them, "These are my words that I spoke to you while I was still with you - that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things."

*Reader* The Gospel of Christ.

**All Praise to you, Lord Jesus Christ.**

*Gospel Acclamation*

Refrain: Alleluia! Alleluia! Alleluia! Give the glory and the honour to the Lord!

St. Helen's Choir

*Sermon*

The Rev. Liz Hamel

*Canticle Song of the New Creation (Isaiah 43:15, 16, 81, 19, 20c, 21)*

St. Helen's Choir

'I am the Lord, your Holy One,

\* the Creator of Israel, your Sovereign.'

Thus says the Lord, who makes a way in the sea,

\* a path in the mighty waters,

'Remember not the former things,

\* nor consider the things of old.

Behold, I am doing a new thing;

\* now it springs forth, do you not perceive it?

I will make a way in the wilderness and  
rivers in the desert,

\* to give drink to my chosen people, the  
people whom I formed for myself,

\*that they might declare my praise.'

#### *Affirmation of Faith*

The Apostles' Creed

**I believe in God, the Father almighty, creator of Heaven on earth.  
I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary, suffered  
under Pontius Pilate,  
was crucified, died, and was buried; he  
descended to the dead.  
On the third day he rose again; he  
ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the  
holy catholic church, the  
communion of saints, the  
forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

#### *The Lord's Prayer*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever.**

#### *The Litany*

Let us offer our intercessions, petitions and thanksgivings, saying,  
**'Redeemer of Israel, hear our prayer.'**

May we live as those who believe in the triumph of the cross.  
**Redeemer of Israel, hear our prayer.**

May all people receive the good news of Christ's victory.  
**Redeemer of Israel, hear our prayer.**

May those born to new life in the waters of baptism know  
the power of Christ's resurrection.

**Redeemer of Israel, hear our prayer.**

May those who suffer pain and anguish  
find healing and peace in the compassion of Christ.  
**Redeemer of Israel, hear our prayer.**

May we be united in Christ's undying love  
with all who have passed through the gates of death.  
**Redeemer of Israel, hear our prayer.**

*Prayers of the People*

Sue Greenstreet

Collect of the day

*Celebrant* O God,

**All your son made himself known to his disciples,  
in the breaking of bread.  
Open the eyes of our faith. ,  
that we may see him in his redeeming work,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.**

*Silence*

**The Sending Forth of the Community**

*Announcements*

*Doxology*

*Celebrant* Glory to God,

**All whose power, working in us, can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation, in the Church and in Christ Jesus, for  
ever and ever. Amen.**

*Blessing*

*Final Hymn: "All Shall be Well"*

CP 222

*Dismissal*

*Celebrant* Let us bless the Lord. Alleluia. Alleluia.

**All Thanks be to God. Alleluia. Alleluia.**

*Celebrant* May the risen Christ grant us the joys of eternal life.

**All Amen.**

*Postlude: "Rise Up, My Love, My Fair One" by Healey Willan*

St. Helen's quartet



### With Gratitude

We are the Anglican Diocese of New Westminster, a regional expression of the Anglican Church of Canada in the Sunshine Coast, Lower Mainland and Fraser Valley consisting of 66 parishes and 3 worshipping communities. We acknowledge with gratitude that we meet on the unceded territories of Coast Salish First Nations.

### St. Helen's Mission Statement

St. Helen's mission is to proclaim the good news of Jesus Christ to all people. We are ordinary men and women who have become extraordinary through God's love of us in Christ.

Our aim is to testify and witness to the presence and leading of God's Spirit in our midst and in the life of the community in which we live. St. Helen's seeks to be a loving, nurturing, and supporting fellowship of faith for all people. We exist to serve the building of God's Kingdom in this time and place through worship, education, fellowship and service.

#### St. Helen's Directory

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Anne Guthrie-Warman, Rector's Warden

Hector Williams, Associate Warden

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Oluwadunni Awe, Godly Play

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#### Worship Ministries for Today

Celebrant: The Rev. Liz Hamel

Preacher: The Rev. Liz Hamel

Music Director: Emilia Boronco

Intercessor: Sue Greenstreet

Readers: Gillian Moore, Lee Johnson

Coffee Hour: Nicholas May

Greeters: N/A

Cleaners: N/A

#### Musicians

Emilia Boronco, piano, organ

Deeandra Miranda, soprano

Liz Hodgson, alto

Justin Cho, tenor

Dale Throness, baritone

