

***Abide in Christ – John 20:24-29***

**Step One** – Read the passage through slowly, taking time to really let it sink in. Maybe even read it a second time through before you move on. Circle or underline any words or phrases that jump out at you.

***John 20:24-29***

*<sup>24</sup> But Thomas (who was called the Twin<sup>[a]</sup>), one of the twelve, was not with them when Jesus came. <sup>25</sup> So the other disciples told him, “We have seen the Lord.” But he said to them, “Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.”*

*<sup>26</sup> A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, “Peace be with you.” <sup>27</sup> Then he said to Thomas, “Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.” <sup>28</sup> Thomas answered him, “My Lord and my God!” <sup>29</sup> Jesus said to him, “Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.”*

**Step Two:** Taking each word or phrase that jumped out at you, ask yourself:

- 1- What is happening in this story that makes these words/phrases meaningful in the story?
- 2- What is the Holy Spirit doing through these words in this story?

**Step Three:** Looking at each word/phrase and your response to each, ask yourself,

- 1- “What do I think these words/phrases say about God/Jesus?”
- 2- “What do I think these words/phrases say about the others in the story?”

**Step Four:** Now ask yourself:

- 1- “What do I think God is saying to me in each of these?”
- 2- “How do these words/phrases connect to each other?”
- 3- “How do these words/phrases connect to me and my life?”
- 4- “Why do I think God is speaking to me regarding this?”

**Step Five:** Pray, asking God to show you how you should respond to these insights from your study today.

**Step Six:** Make yourself a little note or reminder of some sort to help you work on this for the rest of the week.

**Step Seven:** Put the reminder in a place that will help you remember your discipline of working on this insight, like:

- 1- The Refrigerator door
- 2- Car dashboard
- 3- Bathroom mirror
- 4- Nightstand
- 5- Cellphone cover
- 6- Anywhere that will help you in your practice of your discipline.