

***The Fruit of the Spirit – Galatians 5:22-26***

**Step One** – Read the passage through slowly, taking time to really let it sink in. Maybe even read it a second time through before you move on. Circle or underline any words or phrases that jump out at you.

***Galatians 5:22-26***

*<sup>22</sup> By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, <sup>23</sup> gentleness, and self-control. There is no law against such things. <sup>24</sup> And those who belong to Christ Jesus have crucified the flesh with its passions and desires. <sup>25</sup> If we live by the Spirit, let us also be guided by the Spirit. <sup>26</sup> Let us not become conceited, competing against one another, envying one another.*

**Step Two**: Taking each word or phrase that jumped out at you, ask yourself:

- 1- What is happening in this story that makes these words/phrases meaningful in the story?
- 2- What is the Holy Spirit doing through these words in this story?

**Step Three**: Looking at each word/phrase and your response to each, ask yourself,

- 1- “What do I think these words/phrases say about God/Jesus?”
- 2- “What do I think these words/phrases say about the others in the story?”

**Step Four**: Now ask yourself:

- 1- “What do I think God is saying to me in each of these?”
- 2- “How do these words/phrases connect to each other?”
- 3- “How do these words/phrases connect to me and my life?”
- 4- “Why do I think God is speaking to me regarding this?”

**Step Five**: Pray, asking God to show you how you should respond to these insights from your study today.

**Step Six**: Make yourself a little note or reminder of some sort to help you work on this for the rest of the week.

**Step Seven**: Put the reminder in a place that will help you remember your discipline of working on this insight, like:

- 1- The Refrigerator door
- 2- Car dashboard
- 3- Bathroom mirror
- 4- Nightstand
- 5- Cellphone cover
- 6- Anywhere that will help you in your practice of your discipline.